


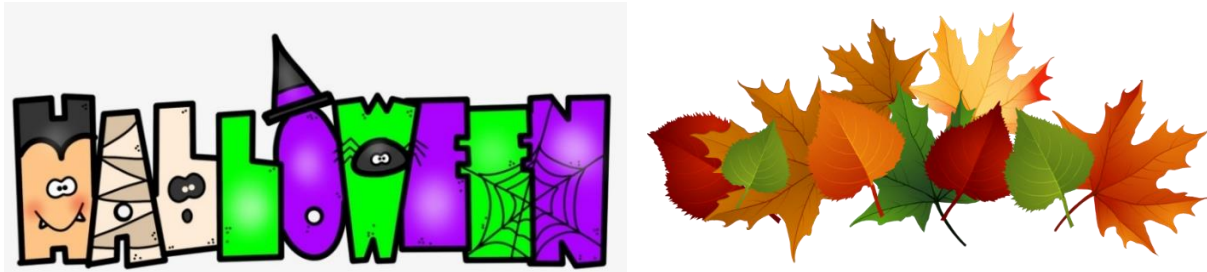
Spencer News

Week of October 23-27, 2023

<p>MONDAY, October 23, 2023</p> <ul style="list-style-type: none"> • 	
<p>TUESDAY, October 24, 2023</p> <ul style="list-style-type: none"> • 	
<p>WEDNESDAY, October 25, 2023</p> <ul style="list-style-type: none"> • 	<p>COMING UP</p> <ul style="list-style-type: none"> • October 31: Halloween- more information to come • November 1: PAC mtg @ 6:30 p.m. in school library • November 3: Picture Retakes • November 8- National Aboriginal Veteran's Day • November 10: Remembrance Day observance @ school • November 11- Remembrance Day • November 13: Remembrance Day observance- No School! • November 14: Professional Development Day (no school for students) • November 25: Christmas Craft Fair 10:00-3:00 p.m. Spencer School • November 30: First Light • December 4-15: Rhythm Resource (Drumming Classes for the school)
<p>THURSDAY, October 26, 2023</p> <ul style="list-style-type: none"> • Collaboration Afternoon: Early Dismissal @ 12:05 p.m. for students • PAC Halloween Howl Tonight!!!- 6:00-8:00 p.m.- School Gym and Library (please see the poster in newsletter for more information) 	
<p>FRIDAY, October 27, 2023</p> <ul style="list-style-type: none"> • Pumpkin Run/Halloween-Fall Colours Day- students will run around the school showing their Halloween/Fall Spirit! 	

Pumpkin Run/Halloween-Fall Spirit Day- Oct. 27th

On Friday, October 27th, our students will be participating in a Pumpkin Run. Students will be running around the school showing their Halloween/Fall Spirit. Students are being encouraged to wear colours associated with Halloween (black/white/purple/orange), shirts with pumpkins, skeletons, ghosts, also colours associated with Fall (brown/green/yellow)!



Halloween/Costume Day-Oct. 31st

We can't believe that Halloween is almost here. Halloween can be a wonderful time of year for our students to explore creativity, play and share in a sense of celebration. Dressing up in costumes is a fun and joyful tradition for kids and staff alike.

Please read the following information regarding safety considerations that families, students and staff need to consider:

- Students in costume at school should be easily recognizable and/or be able to identify themselves to staff or other students when asked. No costume masks are to be worn at school.
- No replica weapons (guns, knives, etc) are allowed on school property.
- We celebrate diversity and inclusion in New Westminster schools. Costumes that are offensive or in poor taste are not permitted ... when selecting a costume, please consider whether the costume violates rights or appropriates identity, based on rights maintained under the Canadian Human Rights Act: race, ethnicity, religion, age, sex, sexual orientation, gender identity or expression, genetic characteristics, or disabilities.
- School codes of conduct must always be followed. This means continuing to act in respectful ways to peers and staff and maintaining good care of school property.
- If your child is wearing a costume to school, they must be able to get in and out of their costume independently.
- Students will be going outside for recess and lunch.



PAC HALLOWEEN HOWL



In order to go forward with the event, we are still in need of 20 volunteers. Please go to: <https://signup.com/go/ROBKijk> to sign up for a 45 minute shift. We can only hold these events with the support of ALL of our families. Thank you so much in advance and we look forward to seeing you there.

Friday Fun Lunches



Please place all orders for the Fall Session
before **November 9, 2023** for the 3rd session

Nov 17	Dec 1	Dec 15	Dec 22
White Spot	Subway	Pizza & Booster Juice	PAC Holiday Cookie

Important info:

- Fun Lunches can be ordered online only at munchalunch.com
- New parents: click the “register family account here” button that can be found at herbertspencerpac.com/fun-lunch/ website. The website will guide you through the necessary steps.
- Returning parents: Login into munchalunch and you will be prompted to update your children’s classroom assignment before placing your order.
- New to Spencer but have an existing Munchalunch account: Update the school in their profile. No need to create a new account!
- Payments can be made online, or cash, cheque or
- **Subsidies are available. Contact Mme. Catherwood (kcatherwood@sd40.bc.ca) to discuss**
- If you don’t have internet access, or need help ordering or have any questions, contact Caroline Marklund cmarklund@me.com – please put **FunLunch** in the subject line.
- If your child is sick or away for Fun Lunch day, you are welcome to come pick it up. Please call the office the morning of Fun Lunch. For health reasons, food cannot be kept until the following school day
- Sorry, there are no refunds for Fun Lunches
- Please send cutlery (when necessary) disposable cutlery will not be provided.

Click below to order:

<https://munchalunch.com/login.aspx>

View our Gourmet Foods by scanning the QR code below
All of your favorites are just a click away...



**Herbert Spencer Elementary
NEUFELD FARMS FUNDRAISER**

Orders In By: October 23 2023, end of day
Pick up: November 2nd 2023, 7:30 pm



<https://app.neufeldfarms.ca/fundraising/2023-herbert-spencer-elementary-2f0e1a7912>

www.neufeldfarms.ca

**Orders only complete/confirmed once
payment has been received!**

Our PAC is having a [Neufeld Farm](https://app.neufeldfarms.ca/fundraising/2023-herbert-spencer-elementary-2f0e1a7912) fundraiser again this fall to help fill your freezers with yummy food and treats! We will be accepting orders until October 23, 2023.

Your delivery day will be on **Thursday, November 2nd, 2023 at 7:30pm** at the school on 2nd Street.

Thanks,
Herbert Spencer PAC

It is starting to look like Fall at Herbert Spencer





Make dental, hearing and vision checks part of a healthy routine

Health screenings help find issues early which can make treatment easier and more effective. It's important for your child to have regular eye exams and routine dental checkups. It is also important to recognize any hearing loss early as this is essential for speech and language development. Read on to learn when and how to access services for your child.

Dental

Tooth decay is the most common, but preventable, childhood chronic disease. It is important to establish good oral hygiene at a young age and have children's teeth checked by a dentist regularly. To find a local dentist near you who is accepting new patients, visit the BC Dental Association's [Find a Dentist database](#). If you are a member of a low-income family and you do not have extended health coverage, there are several programs that can help you access [affordable dentistry for your children](#). You can also contact the dental program at your [local public health unit](#) and ask about resources available in your community.

Vision

[BC Doctors of Optometry](#) recommends children receive their first eye exam when they are six to nine months old with a follow up exam at least once between the ages of two and five and then yearly once they enter school. You can find an optometrist accepting new patients near you at the College of Optometrists of British Columbia's [Find an Optometrist database](#). In B.C., basic eye exams, one per year, are free up to the age of 18. Some optometrists may charge a small user fee of about \$35 per visit so be sure to ask about any fees before you make an appointment.

Hearing

Good hearing is essential for speech and language development and plays an important part in a child's social and emotional growth. It is important to recognize hearing loss early and seek out testing and treatment if needed. Fraser Health's Public Health community audiologists provide hearing services for children from birth to 19 years of age. If you have a concern about your child's hearing, referrals can be made by a parent or caregiver, a health care provider or education professional to your [local public health audiology \(hearing\) clinic](#).

Find more information on child health screenings and how to access free vision, hearing and dental exams on Fraser Health's website: <https://ow.ly/oK9z50PegZB>



CHECK OUT OUR SCHOOL WEBSITE FOR SCHOOL INFORMATION!

<https://herbertspencerschool.ca/>

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Follow the Spencer PAC



Or follow us using the links below:

<https://m.facebook.com/spencerPAC>

<https://www.instagram.com/herbertspencerpac/?hl=en>