

School Dry Floor Programs

Moody Park Arena is excited to announce new Spring Programs for schools on our Dry Floor!

Looking for a fun, active session to get your class moving? Our ice may be out, but the fun doesn't stop! This year we are offering Dance, Lacrosse and Pickleball.

Dance

We have developed a fun program that introduces Dance to your students. Our instructor will lead your class through some basic, age appropriate moves leading to a dance routine at the end. This class also incorporates Physical Literacy within the warm up, along with dance and music based games. You can choose Hip Hop, Tap or Musical Theatre!

Times available for Dance:

- Wednesdays, 9:30 – 10:30 or 10:45 – 11:45

Pickleball

Let our instructor introduce this fun racquet sport! Pickleball is a paddle sport combining elements of badminton, tennis and table tennis. Basic Pickleball skills and game play will be taught through fun activities.

Lacrosse

Scoop, cradle, shoot, and pass! Have your class learn the basics of this fun team sport with one of our expert instructors.

Times available for Pickleball or Lacrosse:

- Mondays, 9:30 – 10:30 or 10:45 – 11:45
- Fridays, 9:30 – 10:30 or 10:45 – 11:45

For all programs, you can book one session or 3 to 4 sessions in a row. These programs are limited to one class at a time only.

Sessions will start April 7th until June 13th.

Costs: \$5.00/per child per session

All sessions are at Moody Park Arena. If you are interested in participating but would like to be at Queens Park Arena, please reach out about possible availability.

To book or with any questions, please contact (email is best):

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