

PLAY BALL HOCKEY!

After an incredibly successful inaugural year, New Westminster Minor Ball Hockey Association is thrilled to return for the 2025 season!

Ball hockey is for everyone - if you can run, you can play! For the upcoming season, we will be offering co-ed programs for the U7, U9, U11, U13, U15 and U17 age divisions (2020-2009 birth years). NWMBHA is committed to fostering the values of teamwork, skill development and sportsmanship, with the ultimate goal of instilling a lifelong love for ball hockey.

The short, intensive season of ball hockey provides a wonderful opportunity for children to improve their cardiovascular endurance and hand-eye coordination. It's an excellent sport for staying active during the spring and summer months.

And here's the best part - no prior ice hockey experience is needed! It's a fun, inclusive sport that welcomes children of all skill levels. Plus, it's a great way for kids to play and bond with their friends.

Moody Park Arena will continue to be the home of the Knights, hosting the 2025 season for all teams and will ensure easy access for all families in New Westminster, including those in Queensborough.

For the upcoming 2025 season, the New Westminster Knights will be offering the following safe, fun and affordable programming:

- ✓ One practice per week;
- ✓ Up to two games per week against other minor associations.

Visit our website (www.nwmbha.com) by scanning the QR code below. We are now accepting registrations for the 2025 season, which will run from late March through June 2025. If you have any questions, please contact info@nwmbha.com. We look forward to you becoming a New West Knight!

