

School Dry Floor Programs

Moody Park Arena is excited to announce Spring Programs for schools on our Dry Floor!

Looking for a fun, active session to get your class moving? Our ice may be out, but the fun doesn't stop! This year we are offering Dance, Lacrosse, Pickleball and an inclusive Wheelchair Multisport Program.

Dance

We have developed a fun program that introduces Dance to your students. Our instructor will lead your class through some basic, age appropriate moves leading to a dance routine at the end. This class also incorporates Physical Literacy within the warm up, along with dance and music based games. You can choose Hip Hop, Tap or Musical Theatre!

Times available for Dance:

- Tuesdays, 9:30 – 10:30 or 10:45 – 11:45

Wheelchair Multisport (Grade 3 and up only)

This program is designed to bring together participants of all abilities, both wheelchair users and able-bodied individuals, to develop fundamental movement skills, build confidence, and enhance physical literacy. Wheelchair users are welcome to use their own chairs, and a limited number of wheelchairs will be available for able-bodied participants to take turns and share. Activities are designed so that all students are involved and participating whether it is their turn to use a wheelchair or not.

Lacrosse

Scoop, cradle, shoot, and pass! Have your class learn the basics of this fun team sport with one of our expert instructors.

Times available for Lacrosse or Wheelchair Multisport are:

- Mondays, 9:30 – 10:30 or 10:45 – 11:45
- Wednesdays, 9:30 – 10:30 or 10:45 – 11:45
- Thursdays, 9:30 – 10:30 or 10:45 – 11:45

Pickleball

Let our instructor introduce this fun racquet sport! Pickleball is a paddle sport combining elements of badminton, tennis and table tennis. Basic Pickleball skills and game play will be taught through fun activities.

Times available for Pickleball are:

- Mondays (until Mid-May only), 9:30 – 10:30 or 10:45 – 11:45

For all programs, you can book one session or 3 to 4 sessions in a row. These programs are limited to one class at a time only.

Sessions will start April 7th until June 13th.

Costs: \$5.15/per child per session

All sessions are at Moody Park Arena. If you are interested in participating but would like to be at Queens Park Arena, please reach out about possible availability.

To book or with any questions, please contact (email is best):

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